

VWCA JUMP is an exciting program for newcomer women, girls and gender-diverse people over the age of 13, who are permanent residents, convention refugees or live-in caregivers with temporary work permits. (Must provide documentation of record of landing.) We provide employment and settlement support services and Girls' programming during school breaks.

June 2021

Due to the recent increase in COVID-19 cases, our June events and individual appointments will be provided remotely.

How can we help you?

*INDIVIDUAL APPOINTMENTS
One-on-one
Phone/email/online

Appointments can be made at any time with your counsellor, and may include:

- Settlement Support and Referrals.
- Employment
 Counselling such as:
 résumé critique,
 interview preparation,
 and online job search
 support.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Green Text = JUMP Scarborough Pink Text = JUMP Etobicoke	Learn to Camp: The Rouge (Session 1) 11a.m. – noon	2 Information Session: Women's Business Accelerator Program 1 – 2pm	Smart Serve Information and Registration Session 10 – 11a.m.	Public Speaking (Week 9) (Registration Closed) 10a.m. – 1p.m. Where are the Jobs? 11a.m. – noon
7 *INDIVIDUAL SUPPORT (By appointment only)	Food Handling Information and Registration Session 1:30 – 2:30p.m.	9 Balcony/Windowsill Gardening 10 – 11a.m. Mental Health with Rexdale Community Health Clinic 2 – 3p.m.	10 What Employers Want: Job Searching in the Financial Sector with CIBC 10a.m. – noon Retail Training (Session 1): Customer Service 1:30 – 3:30p.m.	11 Public Speaking (Week 10): Graduation Ceremony (Registration Closed) 10a.m. – 1p.m.
14 *INDIVIDUAL SUPPORT (By appointment only)	Learn to Camp: Your First Front Country Camping Trip (Session 2) 11a.m. – noon	16 Information and Registration Session Emergency First Aid & CPR Training 10a.m. – 11a.m.	17 Rexdale Legal Clinic:	18 How to Express Anger in a Healthy Way 10a.m. – 12p.m.
*INDIVIDUAL SUPPORT (By appointment only)	Learn to Camp: How to Camp with Wildlife Nearby (Session 3) 11a.m. – noon	23 Getting the Most from your Healthcare Appointments $10-11:30$ a.m. Virtual Grocery Shopping - Making Healthy Food Choices $2-3$ p.m.	24 Retail Training (Session 3): Job Search for the Retail Industry 1:30 – 3:30p.m.	25 Smart Serve Check-in (Registration Closed) 10a.m. – noon
28 *INDIVIDUAL SUPPORT (By appointment only)	29 Learn to Camp: How to Protect Yourself and the Environment (Session 4) 11a.m. – noon	*INDIVIDUAL SUPPORT (By appointment only)		

CALL TODAY TO REGISTER! 416.266.0303







Funded by: